

✓ Fancy Nancy Chicken Salad Nutritional Information

Serving Sizes

Serving Size	Calories	Fat (g)	Protein (g)	Sodium (mg)	Carbs (g)
Small Quick Chick (8 oz)	410 x 2 = 820	36 x 2 = 72g	14 x 2 = 28g	510 x 2 = 1020mg	5 x 2 = 10g
Large Quick Chick (16 oz)	410 x 4 = 1640	36 x 4 = 144g	14 x 4 = 56g	510 x 4 = 2040mg	5 x 4 = 20g

Nutritional Breakdown (Per 4 oz “Scoop”)

Nutrient	Amount
Calories	410
Calories from Fat	320
Total Fat (g)	36
Saturated Fat (g)	6
Trans Fat (g)	0
Cholesterol (mg)	65
Sodium (mg)	510
Total Carbs (g)	5
Dietary Fiber (g)	1
Total Sugars (g)	3
Protein (g)	14

Chicken Salad
Chick Menu