

🥦 Broccoli Salad – Nutritional Information

Description:

Fresh broccoli florets tossed in a sweet vinegar-based dressing with shredded mozzarella & cheddar cheeses, and topped with crispy bacon.

Serving Sizes & Nutrition

Nutrition Facts	Individual Side (~4 oz)	Large Side (~20 oz / serves 4–5)
Calories	210	1,050
Total Fat	15 g	75 g
Saturated Fat	6 g	30 g
Cholesterol	25 mg	125 mg
Sodium	390 mg	1,950 mg
Total Carbohydrates	11 g	55 g
Dietary Fiber	2 g	10 g
Total Sugars	6 g	30 g
Protein	6 g	30 g
Allergens	Milk, Soy (cheese/dressing), Egg (in dressing, possibly)	

Notes:

- The **sweet dressing** adds some sugar and tangy flavor.
- Contains dairy from mozzarella and cheddar cheeses.
- Bacon adds **savory** richness and a bit more fat and sodium.