

Spicy Pimento Cheese Nutrition Information

(As of July 2025, per official PDF)

[Download PDF from ChickenSaladChickMenu.com >](#)

Serving Size: 4 oz scoop (individual portion)

Also available in:

- Small Quick Chick (serves 2–3, ≈10 oz)
- Large Quick Chick (serves 4–5, ≈20 oz)

Nutrient	Amount (Per 4 oz Scoop)
Calories	510
Calories from Fat	423
Total Fat	47 g
Saturated Fat	18 g
Trans Fat	0 g
Cholesterol	100 mg
Sodium	740 mg
Total Carbohydrates	3 g
Dietary Fiber	0 g
Total Sugars	0 g

Protein

21 g

**Quick Size Reference:**

- **Small Quick Chick** ≈ 2.5 scoops = ~1,275 kcal
 - **Large Quick Chick** ≈ 5 scoops = ~2,550 kcal
-

**Allergen Information**

Contains:

-  Egg
-  Milk
-  Wheat/Gluten
-  Tree Nuts (*may be present*)
-  Soy (*via mayonnaise — refined soybean oil is exempt from labeling under FALCPA*)



Note: May be prepared in shared kitchen spaces. Cross-contact is possible.
Always check with staff if you have food allergies or sensitivities.

**Storage & Serving Tips**

- Keep refrigerated; use within 4 days
- Chill at least 1 hour before serving
- Let rest 15 minutes before serving for better spreadability
- Pair with cool sides like celery sticks, cucumbers, or crackers